



# NEWSLETTER

## FRIDAY 13TH OCTOBER 2023

### ISSUE NO.6

#### EXCELLENCE IN EVERYTHING



**EXCELLENCE IN EVERYTHING-ACHIEVING GREATNESS THAT LASTS A LIFETIME**

## Message from Mr Taylor

On Tuesday this week Warren Farm was a sea of yellow as we joined thousands across the country to say #HelloYellow to support 'Young Minds' on World Mental Health Day. We can all struggle with how we're feeling, but sometimes things get tough and it can be difficult to cope. For so many young people, when this happens, they don't get the help they need, when they need it. But together, we can change this. In tandem with children's academic success, their personal development and well being is integral to everything we do at Warren Farm, ensuring that children will leave Warren Farm with the skills, knowledge, character and mental strength to **achieve greatness that lasts a lifetime** - opening doors to a world of opportunities.

A reminder that on Tuesday and Wednesday evening next week we welcome our parents/carers to attend our first parents evening of the year to meet class teachers and discuss the progress that your children have made as they have transitioned into the new academic year. As I'm sure you have all seen on Class Dojo and our school twitter page (@warren\_farm\_pri), **Excellence in Everything** is the heartbeat of Warren Farm and your children have hit the ground running this academic year.

Our P.E coordinator (Miss Kelly) and P.E Coach (Miss Lewis) are committed to providing our children with a wealth of sporting opportunities across the year. This week has seen our Girls take part in our first football festival of the year. Whilst the physical benefits of sport are well documented - the advantages of sport run deeper than this. One of the best things about team sports is that they teach teamwork. In today's world, working well with others is more important than ever. While you can learn teamwork in various settings, there's something special about learning it in the context of a sport. Well done to all of our teams this week **#ExcellenceinEverything**

We made it another great week at Warren Farm, let's make sure we are all looking out for each other and make it a great weekend .

Mr Taylor

## DATES FOR YOUR CALENDAR

Tue 17th October	Parents Evening all year groups 3:30pm -6:00pm
Wed 18th October	Parents Evening all year groups 3:30pm -6:00pm
Fri 20th October	Boys Football Match Wylde Green Away
Wed 25th October	Open day for Reception intake September 2024
Thur 26th October	Early Years Pumpkin carving 1:30pm -3:00pm
Fri 27th October	Halloween Disco 1:00pm -3:00pm
Fri 27th October	Break up for Half Term
Mon 6th November	Return to school

COURAGE

HONESTY



INTEGRITY

RESPECT

SELF  
DISCIPLINE

**NO ACT OF KINDNESS, NO MATTER HOW SMALL,  
IS EVER WASTED**



Aylesbury Crescent  
Birmingham B44 ODT  
www.warrenfarm-primary.co.uk  
0121 373 3885

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@warren\_farm\_pri

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### EARLY YEARS



This week, Nursery have been exploring the nursery rhyme, Humpty Dumpty. They've had lots of fun constructing different walls for Humpty Dumpty, as well as conducting a science experiment to explore different protective materials for him. In Reception, we have become Autumn Explorers! We have been investigating all the types of leaves we might find in Autumn, as well as looking at the different textures of conkers, twigs, pinecones and acorns. We are looking forward to welcoming everyone to our Pumpkin Workshop in two weeks time - pumpkins will be bought to order, so please make sure you have sent the slip back to your class teacher to confirm your attendance.

### KEY STAGE 1

In our Science lesson this week KS1 experimented using their 5 senses. They used taste to try different flavours of squash, smell to identify different fragrances, touch to help understand the properties of different materials, hearing to listen out for different musical instruments and sight to observe different objects.

Please can we make sure that your child's uniform is clearly named. Due to the change in weather, please make sure that you are sending your child into school with the appropriate clothing.



### ATTENDANCE

Well done to 1CO, 5/6NW and 4DN who have exceeded our school attendance target of 96% this week. Let's have even more classes 'in the green' next week.

This week, there has been meetings with parents who feel they need support to ensure their child/ren are attending school regularly. If you feel that your child has barriers to attendance, school is here to support and offer solutions. We are able to signpost you to services that may help.

A gentle reminder that all dental, doctors and optician appointments should be made either before or after school where possible. If appointments are booked after 9:30am, children will be expected to be in school first. This is to allow our children to maximise every moment for learning.

NAH	84%
RMH	90%
1CO	96.6%
1/2YG	91.8%
2HM	89.3%
3AB	92.4%
3/4SK	95%
4DN	97.2%
5AG	95%
5/6NW	96.7%
6BP	93.3%

### PANATHLON

On Tuesday, 12 children from Years 3, 4, 5 and 6 went to Acocks Green Bowl to compete in a bowling competition against other schools across Birmingham. For some of the children, this was their first time bowling and trying a new sport.

The commitment and determination displayed by the children was outstanding. One of our teams was triumphant and achieved 3rd place out of over 15 other schools. The **courage** and **self-discipline** displayed by all was amazing.

We look forward to competing in many more events over the next year and taking lots more children to competitions to represent Warren Farm!





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### SAFEGUARDING

There are 4 main types of abuse that are categorised in Keeping children safe in education 2023 - these are physical, emotional, sexual and neglect.

Physical abuse is when someone hurts or harms a young person on purpose. This can lead to marks on the body that may include bruises, burns or bite marks. We have a legal duty as professionals to ensure that we ask questions about any marks that may be visible on a child's body. Physical abuse can have a lasting effect on a child and can lead to poor physical or mental health later in life. Chastisement can be classed as physical abuse when excessive force is used. For more information please contact [NSPCC - physical abuse](#).

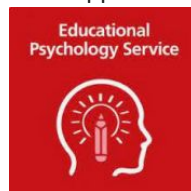
### SEND

The Educational Psychology Service have been in school this week, advising and supporting staff with adapting the curriculum to personalise learning for the children within their classrooms. For more information about this service and how to support children please visit Birmingham's local offer.

[Birmingham Local Offer](#)

or

[Birmingham education psychologist](#)



### CHILD OF THE WEEK

NAH	Tehillah Nidikum
RMH	Lottie Treharne
1CO	Zoya Rukhsar
1/2YG	Penelope Subhan
2HM	Lennie Turner
3AB	Lillie-Ella Firkin
3/4SK	Phoebe Harris
4DN	Alayna Butt
5AG	Claremont Simmonds
5/6NW	Ferenkeh Marah
6BP	Jaden Rowe

### LOWER KEY STAGE 2

This week in Art we have been recreating abstract art by Alma Thomas and Jackson Pollock. The children have had great fun exploring using paints with different techniques. We have created some beautiful pieces of art, that the children are extremely proud of.

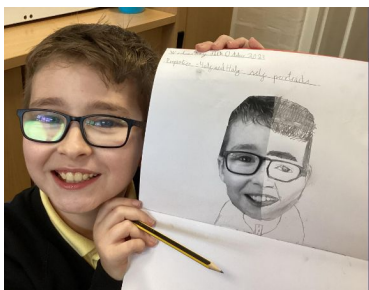
The teachers have noticed that we have not yet received any projects in for this half term. This is a great way to learn with your children at home and to use your creativity to display your learning. It would be great to receive some of these before the half term holiday.



### UPPER KEY STAGE 2

We had lots more parental engagement for Stay and Read this week so I would like to say a big thank you and also invite even more of you to join us on Thursday mornings to come and read with your child in their classroom, if you can.

In Art this week we have been drawing half and half self portraits, which the children have done an incredible job with. In History, we learned about Viking invasions and why they are considered to be so fearsome - this then led to lots of discussions around current affairs.





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### GIRLS FOOTBALL FESTIVAL

On Wednesday this week, ten Year 5 and 6 girls visited Erdington Academy to participate in a Girls Football Festival with other schools from across Birmingham. The girls demonstrated **'Excellence in Everything'** and represented Warren Farm amazingly! The girls learnt new skills and engaged in fun and exciting activities. Who knows, we may have the next Lioness here at Warren Farm!

Over the year, a Girls football team will be formed to promote girls football as well as giving girls the opportunity to compete and represent Warren Farm. If any Year 5 or 6 girls are interested and haven't already made us aware, please let Miss Lewis or Miss Kelly know!



### HALLOWEEN DISCO

On the last day of this half term - **Friday 27th of October** - we will be inviting children to come to school dressed in Halloween costumes and clothing. This will be a non-school uniform day. During the afternoon each phase will have a time slot allocated for their Halloween disco in the main school hall.

It's sure to be **SPOOK-TACULAR!**



## WARREN FARM PRIMARY SCHOOL



Excellence in Everything - achieving greatness that lasts a lifetime

COURAGE

HONESTY

INTEGRITY

RESPECT

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DISCIPLINE

### Reception Open Day

**Wednesday 25th October 9:30am and 5:00pm**

Warren Farm invites you to our Reception Open Day. We look forward to welcoming you into our environment where you can explore our curriculum, meet our staff and experience a taste of our Warren Farm culture.

Rated **GOOD** in all areas by Ofsted September 2023

*"The school's motto, 'excellence in everything', captures the high expectations set for all pupils"*

Scan the QR code to book your place now



Please have a look at our twitter page @warren\_farm\_pri for a glimpse of life beyond the school gates



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [nationalcollege.com](https://nationalcollege.com) for further guides, hints and tips for adults.

## SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

### A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

#### 1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



#### 2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



#### 3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



#### 4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



#### 5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



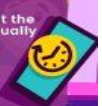
#### 6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



#### 7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



#### 8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



#### 9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at the parent seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



#### 10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



#### 11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always talk to you or a trusted adult if something they see makes them feel uneasy.



#### 12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



#### Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-60447001> | <https://www.nos.org.uk/guides/supporting-your-child-with-upsetting-content/> | <https://www.cifor.org/blog/avoid-let-your-children-about-online-and-war/> | <https://www.bbc.com/news/health-60447001>

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Birmingham B44 0DT  
[www.warrenfarm-primary.co.uk](http://www.warrenfarm-primary.co.uk)  
0121 373 3885



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